

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

June 2022

Volume 14 Issue 6



Ideas and not battles mark the forward progress of mankind. Individuals, and not masses, form the culture of the race.

-SCIENCE OF SURVIVAL

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Volume 14 Issue 6 June 2022

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Harry Seldon
And many others

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~

	<p>The Members Quarterly Journal of the Association of professional Independent Scientist</p> <p><i>Preserve, Protect & Promote</i></p> <p>http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

Dear Reader,

A culture is not formed by the masses or general agreement of the bank. It is formed by individuals who stand out and stand up to be counted. As LRH said,

“Ideas and not battles mark the forward progress of mankind. Individuals, and not masses, form the culture of the race.”

-SCIENCE OF SURVIVAL

Individuals who are not afraid of disagreement with the bank. Individuals who push the boundaries of knowledge and certainty to advance the survival of mankind on all the dynamics.

Individuals who have the courage to face up to the bank and MEST universe and make it go right despite all odds.

Could you be one of those people?

Until next time.

Much ARC,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT
[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge
info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V
[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Training

Communication Course

The Communication Course we took was amazing. I wasn't totally sure how the drills worked and how they were supposed to be run. I dreaded them because I knew I had to sit in a chair and stare at someone. Les delivered them in such an eye-opening way that they turned out fun. I enjoyed them and what I learned. The way Les delivered the course made things thoroughly enjoyable. I feel I now have tools for better communication with people. I can't wait to learn more! Les and Anita both provide an excellent learning and gaining environment! What a comfort!

With my Communication Course drills I finally totally understand each and every one of them and they come automatically to me out in the world instead of trying to think about them to apply them. Everything that comes my way is easy to handle now without any stress.

I have just completed my Communication Course. This was an awesome cycle. It started with a life changing realization: Continuing to drill and actually get it as opposed to drilling to satisfy someone else, has been cool. Get this: Until this cycle I never knew it was ok to use ARC, and lots of it, blended in with the intention. Here's a mind blower too: TRs supervised properly, produced a more able and "in ARC" happy being and not a robotic parrot. God, I love this place and their standard tech!!!!

I feel that through the Communication Course that I can comfortably confront and handle situations that come my way. Also, this course has given me the knowledge to understand and acknowledge others.

Dianetics Course

Wow! My daughter and I just returned from the best training experience we have ever had. We went to a new training facility on the west coast that is being run by some highly trained, very, very experienced techies—auditors and C/Ses. They run a first class training facility. Although they do deliver auditing, their first priority is training. The tech is being delivered standardly—in the correct order as LRH directed—with NED being the entry point to both auditing and the Bridge.

To study NED properly, we followed a 1978 New Era Dianetics Course Checksheet, which included the Purification (if adjudicated as necessary by the C/S), TRs, Objectives and Upper Indoc's, E-Meter Drills, and the NED bulletins and drills. The NED checksheet has since been redesigned at the training center so that the order of study is correct, all terms are defined, and the missing data has been filled in.

Because we were from the east coast, my daughter (who was not trained) and I studied at home prior to going out to the training center. We had both previously completed our Purifs, TRs, Objectives and Upper Indoc's. I had done many sets of e-meter drills on my previous training, but my daughter had not, so we did her e-meter drills, the bulletins, the clay demos, and all but the final drills and checkouts right at home. Those we did at the training center.

I told the guys at the training facility that we would take 4 weeks out of our schedules with the goal of auditing NED standardly by the time we left. Our part was to arrive at the training facility ready to start final drilling, and we did. The final product was to be able to deliver NED standardly at the end of the 4 weeks. **THIS TRAINING FACILITY DELIVERED!!!** No extensions. No, "it takes as long as it takes". The training was delivered by highly trained, very, very experienced techies—auditors and C/Ses—and they made sure we got it in that time with a lot of THETA, laughing, and all out fun.

What a difference this was from the experiences my daughter and I had training as members of the TTC. We had fun—loads of fun as we drilled, read bulletins, asked questions and shared realizations about training and auditing. We laughed. Training was pleasant. We didn't worry about making mistakes—correction was pleasant. Our Instructs/Pink Sheets did not feel like punishment or cramming, but rather opportunities to sit down with experienced auditors to see where and why we had gone wrong and to then reread or read a new bulletin and drill under their guidance.

We spent the first two weeks at the center doing three mini courses that set us up for auditing. I can say that those mini courses were well worth the time. They covered the fundamentals of auditing in a way the church did not. The emphasis was on a really good comm cycle with the PC. No out-tech GOLDEN AGE OF TECH drills. NO ROTE-NESS. Then we did our final NED Drills. And within 2 ½ weeks of arriving, we were auditing. We were in the chair doing it—auditing NED, with one of those highly trained techies sitting right there beside each of us as we audited the other, handing the auditor notes, guiding each of us through our sessions, almost like helping support a child in water while he learns to swim. By the time we left, we were on our own and auditing well. Both of us had great wins—both as auditors and PCs. It was fantastic to sit in the chair as the auditor in front of the meter and watch the charge coming off. And it was great to be on the other side as a trained PC and get rid of the charge. This is the way training was meant to be, as I believe Ron wanted it to be—fun with improvement coming from time spent in the chair auditing. It was fantastic, soooo, different from being in training in the course room at the org. I also understand now why one really learns to audit on NED. We both had to handle the bank and many of the manifestations of the bank while running NED on each other. We watched TA go up and down, way up and down, and really move in a way I never saw the TA move doing my student auditing on the Grades. I experienced my track opening up running NED and found that the reason for some of the incredible charge I have had really came from way back on the track. I also watched as my PC/co-auditor ran out of incredible amounts of charge doing Narrative R3RA Quad.

This was a fantastic place to train. We studied and audited out under the trees overlooking a wonderful valley with a breeze playing across our bodies, tables, etc. The other students were very theta—some at the beginning of their training on NED and some getting ready to do solo auditing. This training facility handles it all—from CCHs all the way up through the OT Levels. My co-auditor and I are on our way, now auditing at home, working with a C/S, and intend on doing many, many hours on many chains on NED. We plan to do our Grades and our OT Levels with these guys at the center.

THIS WAS THE BEST TRAINING EXPERIENCE EITHER OF US HAS EVER HAD.

~oo00oo~ .

Extract from Scientology: A History of Man

This is a cold-blooded and factual account of your last sixty trillion years.

The test of any knowledge is its usefulness. Does it make one happier or more able? By it and with it, can he better achieve his goals?

This is useful knowledge. With it the bond again see, the lame walk, the ill recover, the insane become sane and the sane become saner. By its use the thousand abilities Man has sought to recover become his once more.

Like all useful knowledge it was hardly won. I began search into the back track of Mankind some years ago. There was no actual knowledge of it in existence. There were numberless superstitions, countless guesses, as many theories in favour of one thing as in favour of another. People believed, some of them, that Man had lived before. They had no proof. Others believed that Man was born innocent and died and went to a place called Hell.

Most believed that when you had lived once, that was all, fellow.

Such a number of conflicting theories must have truth in them. It became my business to discover, against considerable odds, that truth.

In the first place, there was something wrong with Man. An animal such as a cat, even a reptile, a lizard, had habit patterns which carried him through his early days. Not Man. Why not? As usual, a lot of vagueness answered this. The very schools of 'thought' that said Man was just another animal bogged utterly on why it was that babies, the young of this very intelligent animal, are much more stupid than kittens. That was only one thing wrong with Man that wasn't explained.

The further one investigated, the more one came to understand that here, in this creature Homo Sapiens, were entirely too many unknowns. People who suddenly, out of no observable training, begin to speak foreign tongues, men who 'seem to remember having been here before,' strange yearnings in people for various parts of the country or the world or the stars of which they have no actual knowledge, such things are routine puzzles.

And there was a much more important thing at work than mere curiosity. Now and then, in my auditing, I would discover a case which would be extremely reluctant to recover and then would recover only partially so long as I used data from the current lifetime of the preclear; but as soon as I used the whole span of the time track—about sixty trillion years—I could obtain immediate response.



One must be very impartial, even brutal, in investigation. The last series of cases I audited, twenty in number, chosen at random from various life strata and suffering from mental and physical ills which were extremely varied, were audited to demonstrate finally to myself one thing only—Can an auditor obtain a swift recovery by auditing the current lifetime only? I used the most modern of techniques— 1952—and did a standard auditing address to the current lifetime of each one. I obtained mediocre results, partial recoveries, slight betterment in attitude. Then I audited each case addressing only past track, prior to this lifetime: the results were swift and spectacular. Thus I validated, for myself, the reality that in auditing the whole track, one can obtain excellent results, that in auditing the current lifetime, one can obtain slow and mediocre results. From this series came this conclusion: **THE AUDITOR WHO INSISTS ON AUDITING THE CURRENT LIFETIME ONLY WHEN HE HAS THE WHOLE TRACK TECHNIQUE AVAILABLE, IS WASTING TIME AND EFFORT AND IS, IN FACT, SWINDLING HIS PRECLEAR.**

I announced “whole track” techniques to a large number of auditors. I found the better auditors quite willing to use them, and these immediately began to obtain “miracle level” results. A very few held back, were very cautious, would not employ the whole track, clung to this lifetime, invalidated the E-meter, invalidated what they erroneously called “past lives”, were scathingly critical of my employing such data. So I investigated the auditors.

Several of these were given sessions by me. I found several noteworthy similarities about them: they were so low in tone it was almost impossible to get them to register on an old style Mathison, their cases were utterly bogged, they generally made a practice of refusing any auditing, their general record with preclears was very poor, their own lives were running badly, they not only fought “past lives” as they called “whole track,” but they fought any technique evolved since the summer of 1950 or used later techniques poorly, they would not run any overt acts even in this lifetime, they needed, so far as their cases were concerned, the most careful auditing. I found two people not auditors, who objected violently to “past lives” and who were “wide-open” cases. Both were in the inaccessible band, both had unsavoury social records, both protested being audited in any incident of any kind. I concluded, therefore, that the relatively sane are capable of accepting evidence and the insane are not.

Occasionally people have told me that I should not release the data contained in this volume because there would be a repercussion throughout the country which would ruin Dianetics forever. Oddly enough, I’ve been unable to discover this repercussion. I have found people alert and friendly toward this data. “Whole track” is evidently much more acceptable than the idea of a prenatal. And witness a recent **READER’S DIGEST**, even the medical profession is accepting prenatals.

Further, it is very hard to argue with a miracle. Today, Eleanor has arthritis. She is audited “whole track” with 1952 techniques. Tonight she doesn’t have arthritis. Miracles, using “whole track” are plentiful. By using this data an auditor can obtain a MEST clear rather easily. But the best argument which can be advanced for “whole track” is that it is factual. By using this knowledge, more is obtained than auditing results. A preclear suddenly recovers the ability carefully learned eighty years ago, to play a piano; an electronics engineer, doing poorly before suddenly wraps up formulae that would puzzle Einstein and which may get man off Earth; and

a thousand details in a hundred sciences become clear.

The search of this track began some years ago and was conducted sporadically on many pre-clears. Various instruments such as the electroencephalograph and the police lie-detector, were used to further this search, but these were inadequate and limited for my purposes. Finally, Volney Mathison applied his electronic genius to the problem and invented the Electropsychometer. This instrument had a range and ability greatly in excess of anything before known; it compares to itself only in the field of physioelectrical mensuration and to existing devices as the electronic microscope compares to looking through a quartz stone. As soon as this instrument was turned loose on the problem, the problem ceased to exist. By adding up and checking probabilities on scores of persons, the character, extent and content of the whole track was mapped.

Once the E-meter gave reliable data, the main problem became the estimation of intentions, of sources, of the reasons behind the reasons. Most of this work has been done.

It comments poorly on Man's dullness that this project was impeded and slowed greatly by lack of funds and by very active efforts on the part of some to acquire and own the copyrights of Dianetics— may the ill of the world forgive them. Thus the map is not as complete in this issue as it might be.

This work is honest research, done with considerable care. And it will bear up under survey by any competent auditor or investigator. The most amusing aspect of the "whole track" is that this work bears up under the onslaught of police lie-detector experts: these, hard-eyed and uncompromising, become startled half out of their wits to discover that some of the crimes they find on their machines were committed two or three "lives" ago by the criminal under test, and that, most alarmingly, the crimes so discovered are discoverable again to the last detail in the police archives. This is very upsetting to these operators, to be informed so bluntly that Man lives many years, not three score and ten, and that today's lifer may again be on their hands tomorrow as a juvenile delinquent!

Gravestones, ancient vital statistics, old diplomas and medals will verify in every detail the validity of "many lifetimes." Your E-meter will tell you.

L. RON HUBBARD,

~oo00oo~



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The 'Secrets to Cryptocurrency' explains in easy to understand English exactly how crypto currency works from Bitcoin through to the workings behind it, from block chain to some of the more obscure currencies.

Mission Statement

The Association of Professional Independent Scientologists (APIS) have as their goals.

**The preservation and protection
of the original applied philosophy of Scientology
and Dianetics as issued by L. Ron Hubbard so
it is always available worldwide**

**The applied philosophy of L. Ron Hubbard exported
to the world and being applied standardly and
without alteration, dilution or changed in anyway
but exactly as Lafayette Ron Hubbard issued it**

Our Future

We have a bright future in front of us. The past is dead, suitable for inspection in session only. The future is the future. It is the beginning of Scientology for us all and, as Ron said, the sun never sets on Scientology regardless of where it happens to be.

We can start afresh. We can roll up our sleeves and say, "let's get to it." Let's get the philosophy and the basic principles we know out into the world and shared with others. Remember, we are immortal beings. We are also powerful beings. Every individual on this planet including you is an immortal and powerful being and can be re-educated into that understanding. Every individual on this planet can regain their former glory and understanding. It is possible. For some, it might be distant, but remember, they are immortal too.

What sort of future do you want? What future would you like to create?

**"Your potentialities are a great deal better than
anyone ever permitted you to believe."
SELF ANALYSIS**

Remember, you CAN do it!

~000000~



How and What to Audit

Extract from History of Man

There are two general problems in processing pre-clears. The first is HOW to audit, the second is WHAT to audit. The present volume presupposes that the skill necessary to the First problem has been mastered: and there is good reason why this should be the case, for the present techniques of Dianetics are far from difficult. SCIENTOLOGY 8-8008 to all patents and purposes, putting the finishing touches on the knowledge necessary to handle thought.

A study of HOW to audit embraces thought, emotion and effort, counter-thought, counter-emotion and counter-effort, and three actions of energy, the behaviour of attention units, the anatomy of maybe and a general knowledge of the background of Dianetics.

Elementary group courses exist which, coupled with book study and, if possible study with a college associate, give one all the insight and skill necessary to accomplish results.

WHAT to audit is covered in some degree in other literature such as THE SCIENCE OF SURVIVAL and the first volume of Dianetics: DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH, as well as ADVANCED PROCEDURE AND AXIOMS. The current work is, however, the first coverage of all categories. It is written to be used in connection with ELECTROPSYCHOMETRIC AUDITING and the INDIVIDUAL TRACK MAP, companion pieces of this present volume.

There are four general fields of incidents, four areas of past, embraced in this work. These are:

1. Present life, from pre-conception to present time
2. The genetic line, being the evolutionary chain on Earth
3. Large, specialised segments of the whole track
4. The theta body line or "whole track"

Of the four only the last is actually capable of producing the clear with any rapidity. However, the auditor should be familiar with all these lines. They are taken, one by one in the above order in this volume.

All incidents in this volume should be detected and audited with the assistance of an E-meter. If it were not for the E-meter these incidents would have remained undetected except in the haziest state. Without an E-meter, they cannot be audited with security or even safety for the pre-clear

How to audit and What to audit together deserve considerable study. Certainly they deserve

more study than one would give American history or English or arithmetic, for they deliver a greater dividend to the individual.

Studying these incidents may be discovered to be restimulative to the student. If so, he would find auditing them as restimulative. However, such restimulation is very easily resolved and, unless he feels close to the end of tolerance, he should not be shy of auditing or studying the track.

In SCIENTOLOGY 8-8008, we have seen that creative processing is far superior to any other type of processing. Creative processing does not address the facsimiles as such, it breaks agreement on the power of the facsimiles. In order to audit a preclear however, one should have a very good acquaintance with what the facsimiles contain. If he has this information, it is relatively simple for him to give the preclear “mockups” which approximate the material in facsimiles without telling the preclear why such mock-ups are being given to him; the facsimiles yet will themselves desensitize. The mock-ups should be parallel to the incidents which are given here, but should not be close enough to bring the preclear into the actual incident. For instance, in the matter of *FAC 1, the preclear should be made to handle black boxes, cameras, things with handles on them and should handle them in any environment he chooses, but not the environment of FAC 1 itself. All the various conditions of FAC 1 can be approximated, preferably very widely until the preclear is no longer interested. In the matter of FAC 1, the auditor will find that, as soon as the preclear is given a black box on a tripod to handle, he may have a tendency to set it on a throne and have large numbers of people bow to it, or have the contraption he has mocked-up chasing him. Do not in any case let him get an actual FAC 1 “coffee-grinder”. This will become clearer as one audits. If the auditor knows of the existence of these incidents, and if he finds them in the preclear with an E-meter assessment, then he should use some solid geometry parallel of the material in the actual incident, such as a light bulb for a thetan, etc.

The auditor will soon find that he can tell at a glance in many cases what incidents his preclear is sitting in. This requires experience. For instance, people who wear thick horn-rimmed glasses and are thin are generally in the monitor valence of FAC 1 and will flip into the incident with great suddenness if it is even closely approached; as FAC 1 accounts for Tuberculosis in most cases, it will be seen, then, that this creative processing of whole-track incidents is of considerable value. The auditor should not, however, run the actual incident, but should study SCIENTOLOGY 8-8008 to discover how to approximate the incident with mock-ups.

L. Ron Hubbard

***Fac One: Facsimile One:** the first proven-up, whole-track incident which, when audited out of a long series of people, was found to eradicate such things as asthma, sinus trouble, chronic chills and a host of other ills. It was originally laid down in this galaxy about one million years ago. Fac One was an outright control mechanism, invented to cut down rebel raids on invader installations. For further information, see the book *Scientology: A History of Man*. —Scientology 8-8008 Glossary

~oo00oo~



Dianetics '55, by L. Ron Hubbard, quotes.

"Anyone who knows the structure, function, and dynamics of the human mind is very difficult to control. The only way a mind can be controlled is by enforcing upon it ignorance of itself."

"And when one restores full awareness to a mind one is no longer able to victimize it. And a profession or a society would have to move out of slave orientation into action by freedom and consent, were it to be effective."

"Just as you do not want people to control you, so you should want knowledge of yourself and others. Just as you fight away from knowingness concerning self, so you will be controlled."

"The only elements in a society which would combat, or contest, or dispute an effort to attain such a science would be those interests which desired, by ignorance, to maintain their control of a slavery."

"Dianetics can be contested, it can be vilified, its founder and practitioners can be publically pilloried, but Dianetics cannot be ignored. It could neither be drowned in praise, nor burned in some purge to its total eradication, for it is a wonderfully observable fact that the one impulse in Man which cannot be erased is his impulse toward freedom, his impulse toward sanity, toward higher levels of attainment in all of his endeavours. This is Man's one saving grace, and because Dianetics is such an impulse, and because its basic purposes, from the moment of its conception, have been dedicated unswervably to the attainment of even greater freedom it cannot perish - a fact which will become doubtlessly more annoying to the slave-masters as the years roll on."

"That mind which understands itself is the mind of a free man. It is no longer prone to obsessive behaviour, unthinking compliances, covert innuendos."

"A mind that is enslaved is weak. A mind that is free is powerful, and all the power there is, is defined by and contained in freedom."

"If every man could be depressed from his freedom to a point where he believed himself but a cog in an enormous machine, then all things would be enslaved. But who would be there to enjoy them?"

"Not the slave-maker, for he is the first to succumb. He succumbs to his own mechanisms. He receives the full jolt of his own endeavors to entrap."

"Thus as we depart from the concepts of freedom, we depart into a darkness where the will, the fear, or the brutality, of one or a few, no matter how well educated, may yet obliterate every-

thing for which we have worked, everything for which we have hoped. This is what happens when the machine runs wild, and when Man, become a machine, runs wild."

"Only a raving, drooling madman could contemplate the ending of all goals everywhere on earth. And only an apathetic fool would stand by motionless before the inevitable destruction of his most intimate dreams, his fondest hopes, his possessions, even on down to his identification cards and the money in his wallet."

"....it is my belief that an individual who can contemplate this with equanimity and without an impulse to act is so lost to the race and lost to himself, to his family and to his friends, that he must personally believe there is no hope for anything, anywhere, at any time. Such depravity is difficult to envision."

"We know, definitely, that the wrong thing to do is nothing. Whenever any situation may develop, we always have that answer. It is wrong to do nothing. The only time anyone has ever gotten into serious trouble was when he decided that he could do nothing about something."

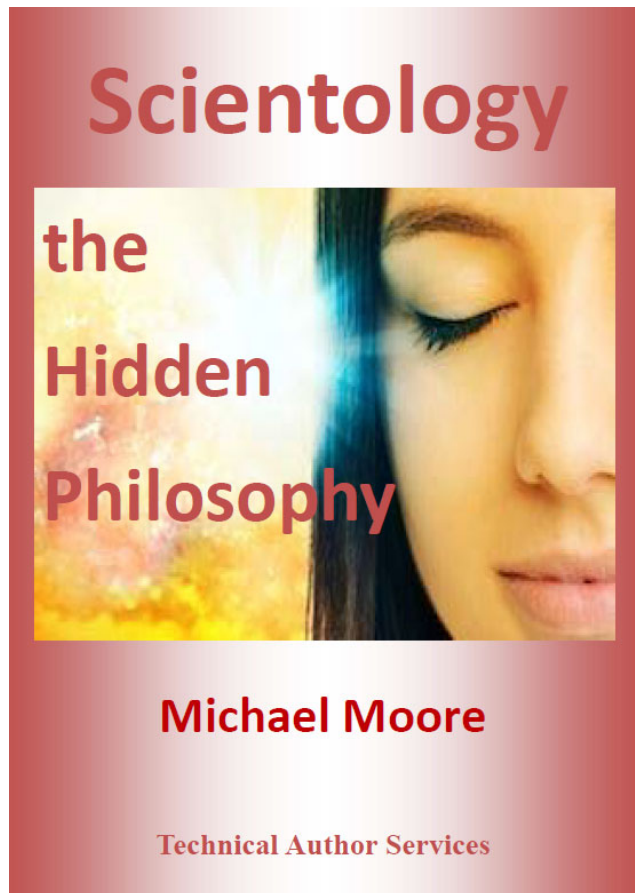
This was the entering threshold toward death. When one knew (*italics*), at last, that he was powerless in the face of all fates, or of any one particular fate, he was, to that degree, a slave of those fates. Thus, the wrong thing to do in this world, at this time, is nothing. No matter what fantastic or incredible plan we adventure upon, no matter how we put it forward, it would still be better than the abandonment of all plans and all action."

~oo00oo~



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make a difference
to your life!***

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Scientology The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard

Mary Sue Hubbard

The Philosophy of Dianetics and Scientology

Dianetics

Scientology

Scientology: the Hidden Philosophy

Basic Principles of Scientology

Using the Basics

Dynamics

ARC Triangle

Tone Scale

Know to Mystery Scale

Awareness Levels

And much more

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Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



FREE THETA
JOURNAL OF THE INTERNATIONAL
FREEZONE ASSOCIATION
Preserve, Protect & Promote
July 2006 Volume 2 Issue 1

Freedom

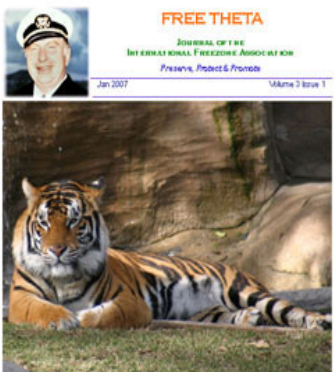
Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE
L. Ron Hubbard

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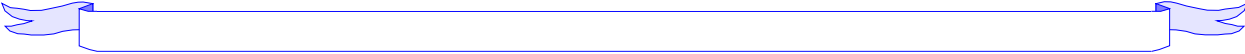
**"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"**

SCIENTOLOGY 8 808
Lafayette Ron Hubbard



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
 2. Never withdraw allegiance once granted.
 3. Never desert a group to which you owe your support.
 4. Never disparage yourself or minimize your strength or power.
 5. Never need praise, approval or sympathy.
 6. Never compromise with your own reality.
 7. Never permit your affinity to be alloyed.
 8. Do not give or receive communication unless you yourself desire it.
 9. Your self-determinism and your honour are more important than your immediate life.
 10. Your integrity to yourself is more important than your body.
 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
 12. Never fear to hurt another in a just cause.
 13. Don't desire to be liked or admired.
 14. Be your own adviser, keep your own counsel and select your own decisions.
 15. Be true to your own goals.
- 

T R A I N I N G						P R O C E S S I N G					
Author's Class	Certificate	Course	Prerequisites	Section	Where Conducted	End Result	Awareness Characteristics				
Class XII	Class XII Certificate	Class XII Course	Class XII Prerequisite	Class XII Section	Class XII Where Conducted	Class XII End Result	Total Freedom				
Class XII Auditor	Class XII Certificate	Class XII Course	Class XII Prerequisite	Class XII Section	Class XII Where Conducted	Class XII End Result	Power on all 3 dynamics				
Class XI	Class XI Certificate	Class XI Course	Class XI Prerequisite	Class XI Section	Class XI Where Conducted	Class XI End Result	21 Source				
Class XI Auditor	Class XI Certificate	Class XI Course	Class XI Prerequisite	Class XI Section	Class XI Where Conducted	Class XI End Result	20 Confidence				
Class X	Class X Certificate	Class X Course	Class X Prerequisite	Class X Section	Class X Where Conducted	Class X End Result	19 Conditions				
Class X Auditor	Class X Certificate	Class X Course	Class X Prerequisite	Class X Section	Class X Where Conducted	Class X End Result	18 Realization				
Class IX	Class IX Certificate	Class IX Course	Class IX Prerequisite	Class IX Section	Class IX Where Conducted	Class IX End Result	17 Clearing				
Class IX Auditor	Class IX Certificate	Class IX Course	Class IX Prerequisite	Class IX Section	Class IX Where Conducted	Class IX End Result	16 Ability				
Class VIII	Class VIII Certificate	Class VIII Course	Class VIII Prerequisite	Class VIII Section	Class VIII Where Conducted	Class VIII End Result	15 Creation				
Class VIII Auditor	Class VIII Certificate	Class VIII Course	Class VIII Prerequisite	Class VIII Section	Class VIII Where Conducted	Class VIII End Result	14 Realization				
Class VII	Class VII Certificate	Class VII Course	Class VII Prerequisite	Class VII Section	Class VII Where Conducted	Class VII End Result	13 Perception				
Class VII Auditor	Class VII Certificate	Class VII Course	Class VII Prerequisite	Class VII Section	Class VII Where Conducted	Class VII End Result	12 Recitation				
Class VI	Class VI Certificate	Class VI Course	Class VI Prerequisite	Class VI Section	Class VI Where Conducted	Class VI End Result	11 Help				
Class VI Auditor	Class VI Certificate	Class VI Course	Class VI Prerequisite	Class VI Section	Class VI Where Conducted	Class VI End Result	10 Hope				
Class V	Class V Certificate	Class V Course	Class V Prerequisite	Class V Section	Class V Where Conducted	Class V End Result	9 Body				
Class V Auditor	Class V Certificate	Class V Course	Class V Prerequisite	Class V Section	Class V Where Conducted	Class V End Result	8 Enlightenment				
Class IV	Class IV Certificate	Class IV Course	Class IV Prerequisite	Class IV Section	Class IV Where Conducted	Class IV End Result	7 Perception				
Class IV Auditor	Class IV Certificate	Class IV Course	Class IV Prerequisite	Class IV Section	Class IV Where Conducted	Class IV End Result	6 Recitation				
Class III	Class III Certificate	Class III Course	Class III Prerequisite	Class III Section	Class III Where Conducted	Class III End Result	5 Body				
Class III Auditor	Class III Certificate	Class III Course	Class III Prerequisite	Class III Section	Class III Where Conducted	Class III End Result	4 Enlightenment				
Class II	Class II Certificate	Class II Course	Class II Prerequisite	Class II Section	Class II Where Conducted	Class II End Result	3 Perception				
Class II Auditor	Class II Certificate	Class II Course	Class II Prerequisite	Class II Section	Class II Where Conducted	Class II End Result	2 Recitation				
Class I	Class I Certificate	Class I Course	Class I Prerequisite	Class I Section	Class I Where Conducted	Class I End Result	1 Help				
Class I Auditor	Class I Certificate	Class I Course	Class I Prerequisite	Class I Section	Class I Where Conducted	Class I End Result	10 Hope				
Class 0	Class 0 Certificate	Class 0 Course	Class 0 Prerequisite	Class 0 Section	Class 0 Where Conducted	Class 0 End Result	9 Body				
Class 0 Auditor	Class 0 Certificate	Class 0 Course	Class 0 Prerequisite	Class 0 Section	Class 0 Where Conducted	Class 0 End Result	8 Enlightenment				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	7 Perception				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	6 Recitation				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	5 Body				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	4 Enlightenment				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	3 Perception				
Not Closed	Not Closed Certificate	Not Closed Course	Not Closed Prerequisite	Not Closed Section	Not Closed Where Conducted	Not Closed End Result	2 Recitation				

and studies one may find the truth for himself. The subject is therefore not expounded as something to believe, but something to do.

THEM: the person himself—not his body or his name, the physical appearance, his mind or anything else. This is what is meant by the term: the identity which is the individual. The term was used to "eliminate" any possible confusion with the word "they" which comes from the Greek letter "thēta" (θ) which is also used to make a noun in the modern style used to create words in engineering. It is also *ε*, or "theta" in the 9th degree. *Scientia* unlimited or *ε*.

THE: training regimens or routines, often referred to as training drills. These are practical drills on the cycle of communication.

Designations and abbreviations such as those shown in the body of the text are to be found in the *Scientia* Dictionary.

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

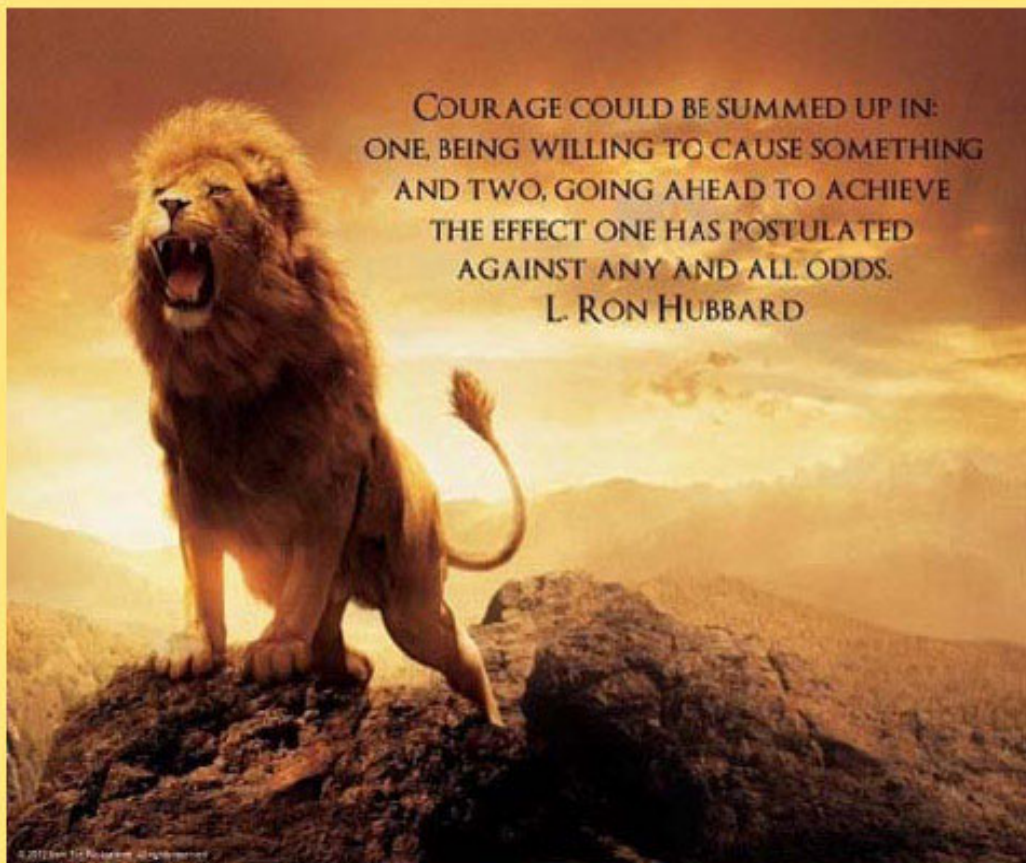
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

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A Handbook for Field Scientologists Starting up a Group

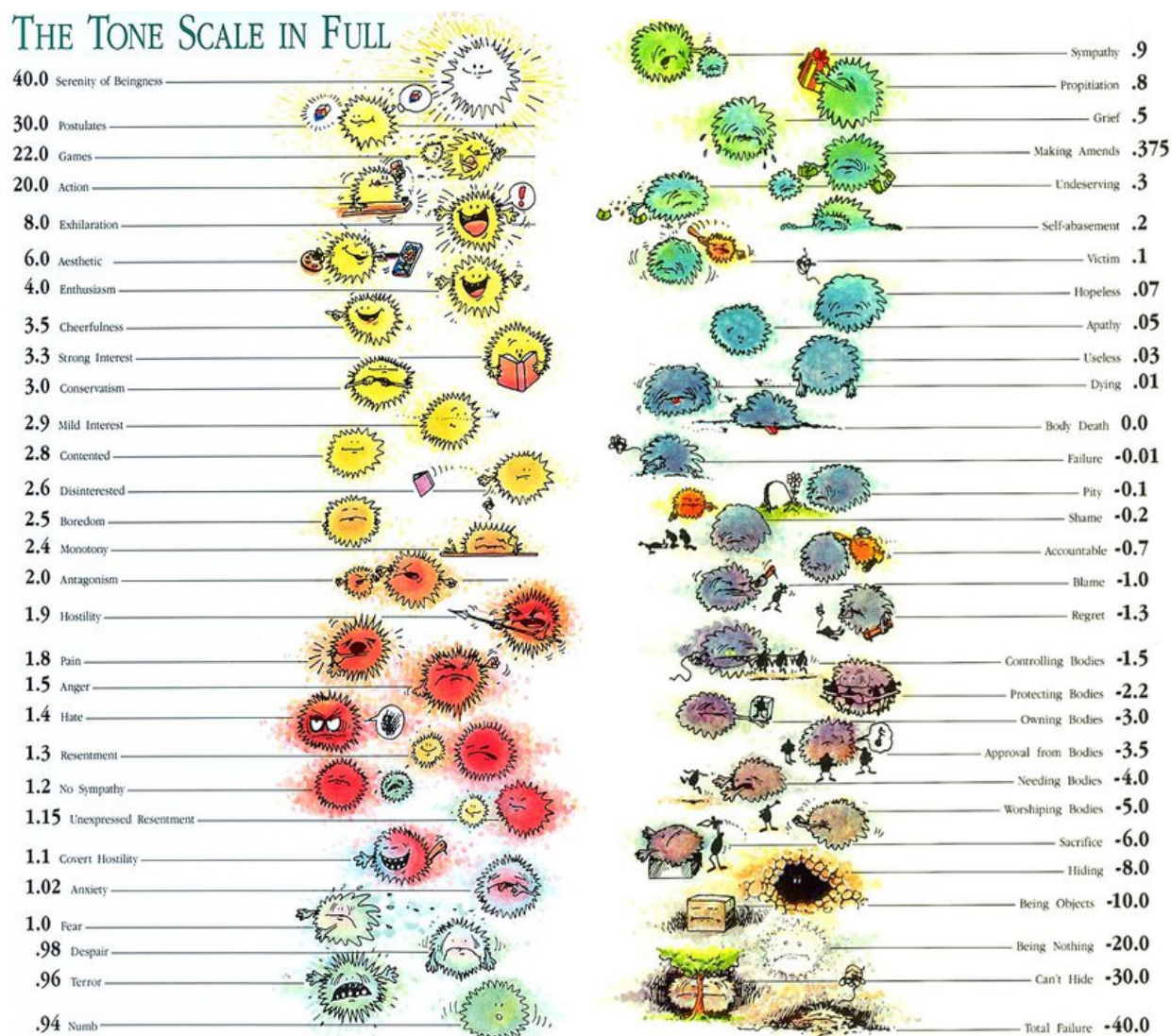
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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

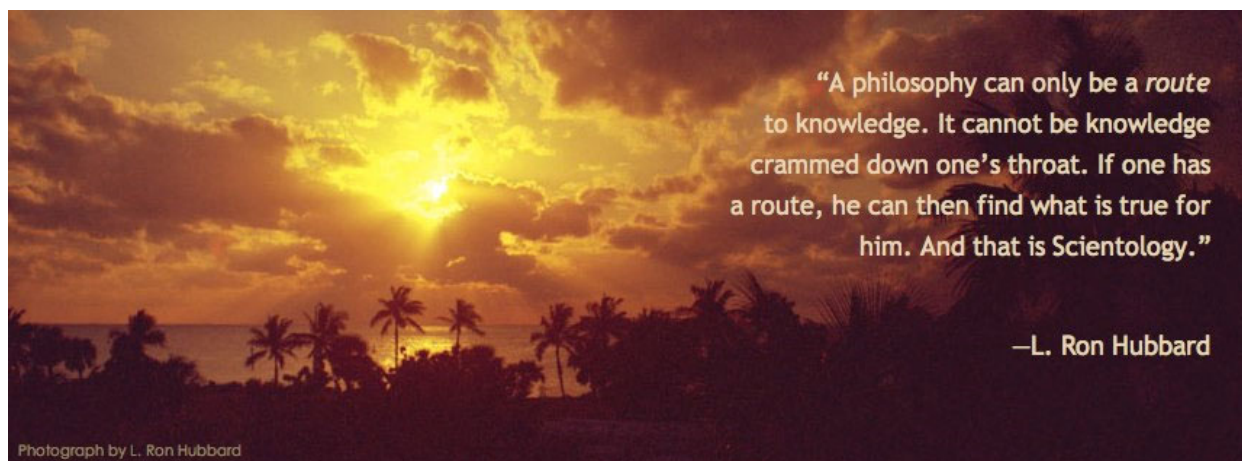
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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